



JOB DESCRIPTION AND PERSON SPECIFICATION

Welsh Rowing – Rowing Academy Coach (RAC)

A great opportunity for a motivated and enthusiastic professional to help young Rowers in Wales fulfil their potential.

Location: Cardiff

Status: Full time (37 hours per week)

Remuneration: £18,000 PA

Reports to: National High Performance and Development Coach

Role

Welsh Rowing has recently been restructured and is committed to ensuring that it is a strong, robust and sustainable organisation that helps all young rowers be the best they can be. The RAC will assist with the continuing development of Welsh Rowing's performance pathway, including specific responsibility for talent search and identification systems. The RAC will provide technical coaching of young rowers within the relevant Welsh and British Rowing Programmes and develop these rowers to high performance levels. They will also Support and develop rowers and adaptive rowers in Wales who meet the parameters of the high performance programmes and enable them to attend and make progress through the appropriate trials system. The RAC will also be expected to facilitate an agreed number of regional training days.

Responsibilities

- Establishment and co-ordination of talent searches, organising and conducting the selection trials in the target group.
- Identification and support of athletes who meet the required standards.
- Approaching selected rowers and securing their commitment to the programme, ensuring parents are included for junior rowers.
- Organisation and delivery of technical and physical training, to include daily coaching and support for the rowers identified.
- Developing a sustainable coaching structure via the development and education of identified club coaches.
- Running regional training days and, where appropriate, the formation and running of regional crews.
- Liaising with the relevant host clubs for the use of facilities and equipment, and keeping clubs informed about the progress of rowers.
- Monitoring progress of the identified rowers and liaising with the NHP&DC for evaluation of this information.
- Attend national trials, assessments and training camps as required.
- At all times present a positive image of Welsh Rowing, its committees, volunteers and staff.
- Be prepared to continuously develop as a coach.

This list is not to be regarded as exclusive or exhaustive, as such there may be other duties and requirements associated with the post which Welsh Rowing may call upon the post-holder to perform from time to time.



PERSON SPECIFICATION

ESSENTIAL	DESIRABLE
<p>Qualifications</p> <ul style="list-style-type: none"> • First degree or similar level qualification in sports discipline <u>or</u> evidence of the equivalent practical experience • British Rowing UKCC Level 2 qualification • First Aid • Safeguarding & Protecting Children • Full, clean driving licence 	<ul style="list-style-type: none"> • British Rowing UKCC Level 3 or above qualification/s • Equity and Disability specific coaching qualifications • Additional talent support qualifications (i.e. strength and conditioning)
<p>Experience</p> <ul style="list-style-type: none"> • Experience of coaching young talented rowers • Experience of working in a performance or high performance environment • Experience identifying and developing talent • Experience of working with volunteers and sports clubs • Experience of managing projects 	<ul style="list-style-type: none"> • Track record developing rowers from beginner to competitive • Experience building partnerships with schools and Universities • Managing and reporting on budgets
<p>Behaviours</p> <ul style="list-style-type: none"> • Highly motivated and committed to achieving excellence in all you do • Excellent attention to detail • High-level communication skills • Well-developed active listening skills showing an ability to take direction as well as to direct • Outstanding commitment to the development of sport and the Olympic ideal • High level drive and determination to succeed • Commitment to equity and diversity • A flexible approach to working, including evening and weekends 	

The successful candidate will be required to undergo an Enhanced CRB Disclosure.

Applications should be sent by *5pm on Friday 7th September* to will.parker@welshrowing.co.uk
Interviews will be in the week beginning Monday 17th September.

Any questions regarding the role please contact Ian Shore (National High Performance & Development Coach) – 07966 075797